



SAMARTHAN & KAMAKHYA

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SEMINAR | MENSTRUAL DRIVE

JANUARY 14TH & 15TH

AUDITORIUM, NMIMS | ASHRAM, GOMATGIRI

On 14th January 2023, Samarthan, NMIMS organized a seminar for generating awareness about Menstruation and Women's health among the students in the college auditorium. We welcomed the Kamakhya team, an NGO dedicated to aware people of Menstruation and Menstrual hygiene, which provided an enlightening presentation on the same. The session was great and the period pain simulator through which people could sense the pain endured by women during menstruation helped create a positive influence among the students.

On the following day, The Kamakhya team along with the volunteers of Samarthan went on a menstrual drive to an ashram near gomatgiri, Indore. The visit was successful in cultivating the importance of menstrual hygiene among the women in the ashram along with the distribution of cloth-based sanitary napkins. The drive ended with a heartfelt speech given by the Kamakhya team. Samarthan appreciates all those who were a part of this campaign making it worthwhile.